

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: 13-021

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 200M MEDLEY WOMEN					Heat:3, starttime: 09:07
Heat: 3/4 Lane : 3 Athlete: VAN BEZOUW YILL					Q-time: 02:23:35
PB (50m pool): 2:23.35 Amersfoort 22 feb 2026					PB (25m pool): 2:16.25 SB:
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	30.23	1:07.94	1:49.93	2:23.35	
	30.23	37.71	41.99	33.42	
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN					Heat:8, starttime: 10:54
Heat: 8/9 Lane : 3 Athlete: VAN BEZOUW YILL					Q-time: 00:56:40
PB (50m pool): 56.40 Rotterdam 17 apr 2026					PB (25m pool): 55.50 SB:
	5 0 M	1 0 0 M			
PB	27.27	56.40			
	27.27	29.13			
					

Coach feedback: